

## From Crushed to Comforted!

Series: From Broken to Blessed

[A Study of the Beatitudes – Matthew 5:1-12]

*Blessed are those who mourn, for they shall be comforted. Matthew 5:4*

### Review: Poor in Spirit

To be poor in spirit means I **depend** on the Lord – not myself – and that is the key to His blessing.

‘The truth is: Man, regardless of his cleverness, his achievements and his gadgets, is a spiritual **pauper** without God.’ - Billy Graham

### This week: Those who mourn

Dangers:

Beware of living a **superficial** life.

What does it mean to mourn?

It means deep **sorrow**, sadness, or grief.

#### \*Five kinds of mourning:

1. The mourning of **inadequacy**.
2. The mourning of **repentance**.
3. The mourning of **love**.
4. The mourning over **lost** souls.
5. The mourning of **grief**.

### What do we learn from this second principle?

The great mourning of our hearts and souls is matched and surpassed by the **comfort** only **God** can give.

#### Takeaways:

When you know the Lord, you will never walk **alone**.

Your pain may be great, but God is **greater**.

Let the Holy Spirit bring the comfort that can heal your **pain**.

### \*\*How Does God bless broken hearts?

#### 1. God draws us **close** to Himself.

*The Lord is close to the brokenhearted, and he saves those whose spirits have been crushed.’ Psalm 34:18, NCV*

#### 2. God grieves **with** us.

*Jesus wept. John 11:35*

#### 3. God gives us a church family for **support**.

*In Christ we who are many form one Body, and each member belongs to all the others . . . Be devoted to each other like a loving family . . . Rejoice with those who rejoice and mourn with those who mourn. Romans 12:5, 10, 15 NIV/GW*

#### 4. God gives us grief to help us **grow**.

*Sometimes it takes a painful experience to make us change our ways. Proverbs 20:30, TEV*

*We know that in all things God works for the good of those who love him . . . ‘ Romans 8:28, NIV*

*These troubles are getting us ready for an eternal glory that will make all our troubles seem like nothing. Things that are seen don’t last forever, but things that are not seen are eternal. That’s why we keep focused on the things that can’t be seen. 2 Corinthians 4:17-18*

#### 5. God gives us the **hope** of heaven.

*We don’t want you to be ignorant about believers who have died. We don’t want you to grieve like the people who have no hope.’ 1 Thessalonians 4:13, GW*

*God will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things will have passed away. Revelation 21:4, NIV*

#### 6. God uses our pain to **help** others.

*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. 2 Corinthians 1:3-4*

#### Homework: Read Psalm 30

\*Billy Graham, The Secret of Happiness

\*\*Rick Warren, The Keys to a Blessed Life

Scripture passages English Standard Version unless otherwise noted